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Tuesday, September 5, 2017 metro.us | t: MetroPhilly | f: MetroPhilly



Young singer from Philly area selected to sing at the US Open. 20-21



WHO'S YOUR ZADDY

We got a zaddy for every kind of zaddy fiend. 16

Which fresh faces on the Eagles will make the most impact? 24

DREAM REAPER

President Trump has indicated that possible deportation will await 800,000 'Dreamers' who had been protected under the Obama-era DACA policy. 4



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RACHAEL VAUGHAN CLEMMONS

A zaddy is a DILF that isn't necessarily a father. A man, over 30, that makes you go, "I'll have what he's having." He's handsome. He has swag, a swoon-worthy "it" factor. He probably looks better bearded. And he has loads and loads of sex appeal. Zaddy, yes! Perhaps the best way to define a zaddy is through example. Check the list of 10 very special zaddies from across the pond.

metro.us/entertainment



HALEY: KIM JONG UN 'BEGGING FOR WAR'

The U.S. said countries trading with North Korea were aiding its "dangerous nuclear intentions" as the United Nations Security Council mulled tough new sanctions and the isolated regime showed signs of planning more missile tests. South Korea said it was talking to Washington about deploying aircraft carriers and strategic bombers to the Korean peninsula. South Korean President Moon Jae-in and President Donald

Trump agreed to scrap a warhead weight limit on South Korea's missiles, South Korea's presidential office said, enabling it to strike North Korea with greater force in the event of a military conflict. At a Security Council meeting, U.S. Ambassador Nikki Haley said North Korea's Kim Jong Un was "begging for war" and urged the group to impose the "strongest possible" sanctions. *For more, see page 11*

LA 'TURNS CORNER' ON WILDFIRE

A smattering of rain and easing temperatures helped more than 1,000 firefighters battling the largest wildfire in Los Angeles history gain the upper hand on the blaze on Sunday, but officials warned that danger remains. "We've turned the corner, but this is not over," Los Angeles Mayor Eric Garcetti told reporters. "With winds this strong, anything can happen." Shifting

winds could cause burning embers to spread the fire once more through the rugged northern edge of Los Angeles, said Garcetti. The nearly 5,900-acre La Tuna Fire, named after the canyon area where it erupted on Friday, has destroyed three homes and damaged one. More than 700 homes were evacuated as the blaze tore through thick brush that has not burned in decades.



MADE IN AMERICA

3 R3hab performing at Budweiser Made in America festival on Sunday in Philadelphia.

GETTY IMAGES

EVACUATION ORDER LIFTED IN TEXAS

Authorities lifted an evacuation order for the area surrounding a once-burning chemical plant and a major fuel pipeline reopened on Monday as Texas edged toward recovery from the devastation of Hurricane Harvey. The storm dumped some 50 inches of rain on the low-lying Gulf coastal region after coming ashore on Aug. 25, killing about 50 people and causing what the Texas governor said could be up to

\$180 billion in damage. Flooding led to a series of fires at the Arkema SA chemical plant in Crosby, a town of about 2,300 people some 25 miles northeast of Houston. Containers of chemicals which are unstable if not kept refrigerated started igniting on Thursday after power outages cut off cooling systems. On Monday, the company said the Crosby Fire Department had lifted a 1½-mile evacuation zone around the plant.

GAS PRICES SLIP AS OIL INDUSTRY BOUNCES BACK

U.S. gasoline prices fell on Monday as the nation's oil heartland continued to claw its way back from the devastation wrought by Storm Harvey, with shipping channels, pipelines and refineries restarting operations. Port operations across the U.S. Gulf Coast oil and gas hub were resuming, although many still had restrictions on vessel draft, according to U.S. Coast Guard updates. Key

fuel pipelines planned to restart as more of the oil refineries that feed them ramped up production. Benchmark U.S. gasoline futures RBc1 fell by more than 3 percent, and retail prices edged up by only 1 cent a gallon on Monday, according to motorists advocacy group AAA, after climbing by more than 20 cents in the wake of Harvey, which was downgraded to a storm after making landfall as a hurricane.

NEW POLL

Source: ARD German public broadcast

55%



Angela Merkel appears to be heading for a possible fourth term as chancellor of Germany, with her rival Martin Schulz failing to halt her advance in a crucial televised debate. ARD says 55 percent found Merkel more convincing while 35 percent plumped for Schulz.



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Trump to scrap protection for 'Dreamers,' gives Congress six months to find solution

As a candidate, Trump pledged to immediately scrap the program, but he ran into stiff opposition.

President Donald Trump has decided to scrap a program shielding from deportation immigrants who came to the United States illegally as children but will give Congress six months to craft legislation to replace it, sources familiar with the situation said.

The president decided to delay enforcement of his decision to end the Deferred Action for Childhood Arrivals, or DACA, the two sources said on Sunday. One source cautioned that the president could change his mind.

The decision to give Congress half a year to come up with an alternative, first reported by Politico, represents a compromise of sorts after top Republicans and business leaders asked Trump to keep the program.

DACA, an Obama administration policy, protects nearly 800,000 young men and women often called "Dreamers" from deportation and allows them to work legally.

Dreamers are a fraction of the estimated 11 million illegal im-

migrants in the United States, most of them Hispanic. Trump as a candidate promised to deport all of them, but many Americans have rallied to support the young adults who have spent large parts of their lives in the United States.

The decision, to be announced on Tuesday, will seek to placate both sides in the immigration debate at a time when the president is also grappling with North Korea's nuclear program and Houston's recovery from Hurricane Harvey.

House of Representatives Speaker Paul Ryan urged Trump on Friday not to rescind the program and was joined by Sen. Orrin Hatch, also a Republican.

Rep. Ileana Ros-Lehtinen, a Cuban-American Republican from Florida tweeted her dismay with the decision to scrap DACA: "After teasing #Dreamers for months with talk of his 'great heart,' @POTUS slams door on them. Some 'heart'."

That said, Trump's base will likely be far from happy about the president's decision to leave open the option of a fix. Rep. Steve King, a hawk on immigration and Iowa Republican, tweeted his opposition to the plan on Sunday night.



Protesters walk holding signs during a rally in support of DACA in Los Angeles on Saturday. GETTY IMAGES

Democrats, like Sen. Al Franken of Minnesota, also wanted the program to continue. Franken called the reported decision a "disgrace."

Nancy Pelosi, the top House Democrat, last week asked Ryan to meet with Democratic lawmakers to discuss a "comprehensive legislative solution."

Leading business figures defended the Dreamers, including Microsoft chief executive Satya Nadella and Facebook Inc. CEO Mark Zuckerberg, who signed a letter

to the president outlining the economic contribution of Dreamers.

Prior to the news of Trump's action, Apple Inc. CEO Tim Cook tweeted, "250 of my Apple co-workers are #Dreamers. I stand with them."

But U.S. Treasury Secretary Steven Mnuchin downplayed those warnings on Sunday, telling Fox News Sunday he was "less concerned about the economic impact."

Most of the Dreamers came from Mexico and elsewhere in Latin America. More than 200,000

live in California, while 100,000 are in Texas. New York, Illinois and Florida also have large numbers.

Congress under presidents of both parties has been unable to pass comprehensive immigration reform. What to do about Dreamers has been actively debated within the White House and Trump administration. One senior administration official described the debate as a "tug of war" between factions.

DACA supporters argue that the people it protects grew up and are U.S.

800K

APPROXIMATE
NUMBER OF YOUNG
MEN AND WOMEN
PROTECTED BY DACA

educated and integrated into American society, with little connection to the countries in which they are citizens. Opponents of the program argue that illegal immigrants take jobs from U.S. citizens. REUTERS

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How to switch careers into the medical field

WRITTEN BY
Amy Smith

Looking to make a career change? If so, you're not alone. The good news is that transitioning into a rewarding new career doesn't have to break the bank or devour all your time. It's more than possible to cultivate a fulfilling work life that also makes a positive impact in the community—you just have to know where to look.

Enter the Patient Services Rep Training Program at Orleans Technical College, a post-secondary, nonprofit career school run by JEVS Human Services. The program is known for its career-changing

potential, especially for those who have previous office experience but aren't working in the medical field.

"Don't let the name intimidate you; no previous medical training is required. This program is designed for people who want to thrive in an administrative or office management role that's within the medical industry," says Debbie Bello, Admissions Director at Orleans Tech. "The best part is that it's also a role that really helps others and makes a difference."

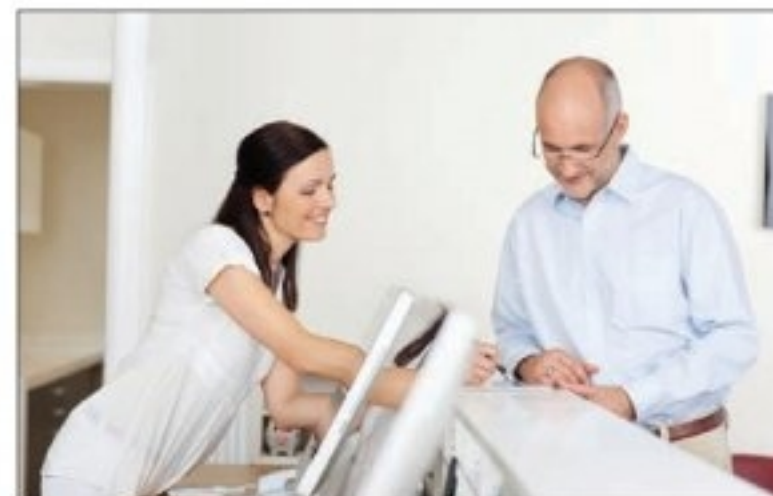
Employment of medical secretaries, which is similar to a patient services rep, is expected to grow 21

percent between 2014 and 2024, according to the U.S. Department of Labor. That's faster than the average for all occupations. In fact, its job stability is what makes it such an attractive career path. Patient services reps, who are often the first point of contact for patients, are in the thick of it. This includes tackling administrative duties like scheduling appointments, checking in patients and verifying insurance. There are also opportunities for real advancement and management growth. Local health care employers helped develop the curriculum, which covers training in everything from medical software to customer

service, medical coding, computer skills and a 120-hour Internship that Orleans places you in.

The training program, which begins in October, is the ultimate jumping-off point to a better, more rewarding career. Here, students are able to earn a Career Diploma along with 25.5 credits in just six months.

What makes Orleans so unique? Their number one goal is helping each and every graduate secure viable career options. In addition to a comprehensive curriculum, the program supports students with real-world, practical job training in actual medical settings. This



kind of hands-on experience is what really prepares you for an entry-level position. "The duties of a Patient Services Representative are very similar to customer service, but in a medical setting," says Bello. "If you are working in another industry and always dreamed of working in the medical field, now is your time." The Patient Services

Rep Training Program kicks off next month. Orleans is hosting an information session on Thursday, September 14 from 10 a.m. to 11 a.m. at its campus (2770 Red Lion Road, Northeast Philadelphia).

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1. O'Donno PJ. Psychosocial and Relationship Issues in Men with Erectile Dysfunction. Urologic Nursing. 2006 Dec; 20(6): 442-453.

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Bhutanese refugees find home in Philly

Philadelphia's Bhutanese refugees share their experience seeking solace in the City of Brotherly Love.



CASSIE HEPLER
@MetroPhilly
letters@metro.us

A cluster of perhaps 1,000 people, centered around Mifflin Square in South Philly and the Northeast, is probably the least-resourced refugee community in Philadelphia.

Most people in America don't even know that Bhutan culture exists, much less that it has refugees. Most are actually ethnic Nepalis, who were humble peasants living in the lowlands, often for centuries and have been summarily stripped of citizenship by the ruling Bhotias of the Himalayan valleys. They had been living in misery in camps in neighboring Nepal and

India, often for decades.

"In the early days of resettlement, 2008 and 2009, people did not have a choice, people were placed as per the intake capacity of the cities around the country, the same was true for Philadelphia," said Leela N. Kuikel, executive director and program manager of Bhutanese American Organization-Philadelphia.

Kuikel reflects on what it was like for his people to be ripped from their homeland.

"There's nothing like 'home' wherever you are. But for Bhutanese folks, it is more emotional as the country they call home, Bhutan, never accepts them back in any shape or form. No Bhutanese are allowed to enter Bhutan forever, so this home versus here theory is kind of extremely emotional. This is home now."

Before moving to Philadelphia, Kuikel said life was good as he was

branch manager for a multinational corporation.

"It was hard to live day to day as a refugee even if you do not need that reference. I'm relieved a little here in Philadelphia as this paves the path for citizenship ultimately. But I'm also learning that this tag is not going to go off the rest of your life," he said.

Since he was a co-founder of the Bhutanese American Organization and had prior management experience, he was chosen to lead the group. In February of 2013, the Bhutanese American Organization-Philadelphia was born.

"I've known Leela since 2013 when he was starting the Bhutanese American Organization of Philadelphia. Since then, Leela and BAOP have been great partners to SEAMAAC in our efforts to bring more services to the Bhutanese community in Philadelphia,"



A Bhutanese woman holding a prayer wheel and rosary beads. GETTY IMAGES

said Thoai Nguyen, CEO of SEAMAAC, Inc.

SEAMAAC was founded in 1984 to support Southeast Asian refugees in Philadelphia and since then has widened to serve all marginalized communities in Pennsylvania.

"A majority of Bhutanese adults do not speak English, most above the

age of 40. Philly can help the community gather resources to conduct ESL classes, they learn better when taught by community bilinguals versus English teachers as they not at all know anything in English and also their own native language Nepali, reading or writing," said Kuikel.

SEAMAAC welcomes volunteers in all of their programs for free English classes.

"We are always in need of teaching assistants to help English Language Learners [ELL] with individualized support and practice," said Nguyen.

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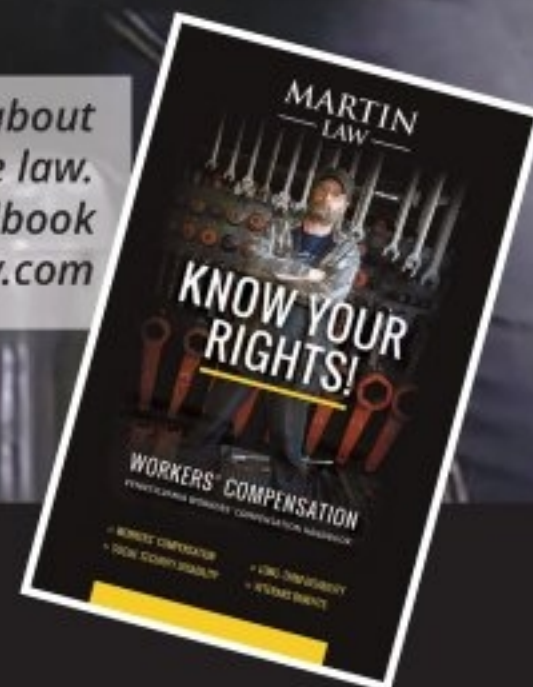
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HEALTHCARE

Bad blood over Obamacare fight lingers as Congress returns

When Congress returns from summer vacation on Tuesday, for the first time in years gutting Obamacare will not be the main order of business on the agenda.

But leftover hard feelings in the wake of the long, partisan Obamacare wars could poison other issues.

Among them will be a measure to keep federal funding flowing to an insurance program that helps millions of children and

pregnant women. The Children's Health Insurance Program (CHIP) must be reauthorized by a vote of Congress by Sept. 30. If that does not happen, the program is expected to run out of money.

Another issue will be stabilizing the individual insurance market created under the 2010 Affordable Care Act, former Democratic President Barack Obama's signature domestic policy achievement. In recent months, the Trump administration has worked to undermine it and insurers have

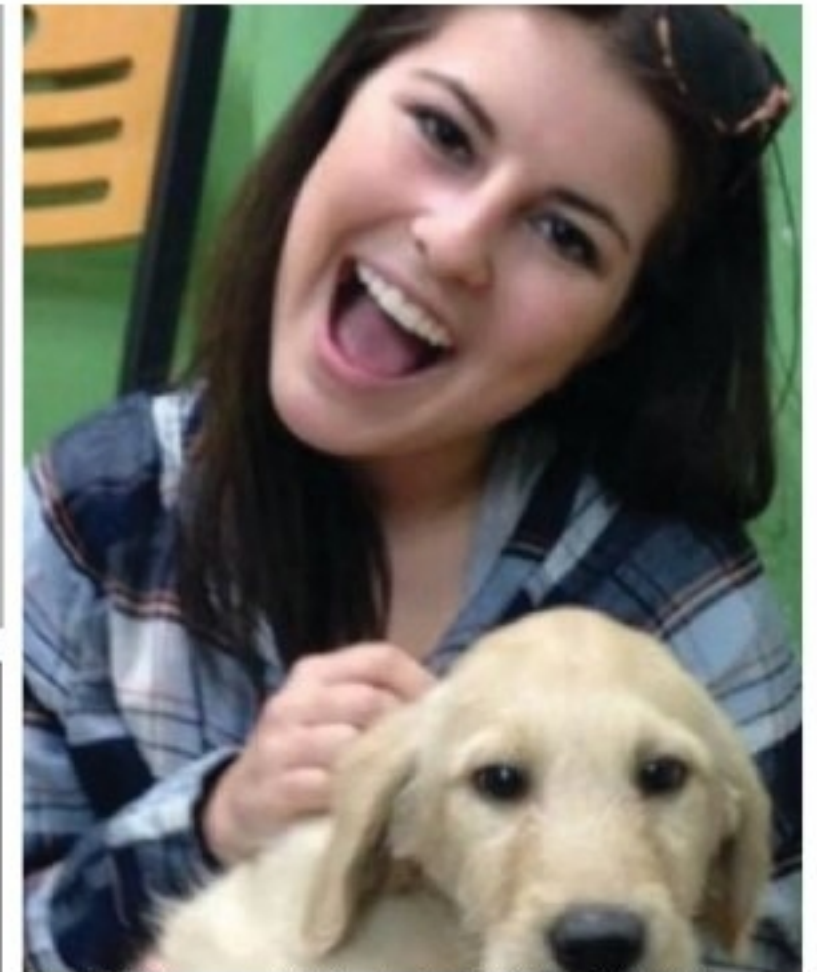
raised premiums by double digits or exited the market.

Republicans in Congress spent six months trying to make good on a seven-year campaign promise to repeal and replace Obamacare, also a top campaign promise by President Donald Trump, while Democrats remained opposed.

The effort, which inflamed partisanship and exposed deep divisions within the Republican Party, ended with a dramatic failed Senate vote in July, leaving the law in place, but damaged.

Reauthorization of CHIP is typically not contentious. The program has bipartisan support. But lobbyists and industry officials said that any healthcare effort in Congress could become partisan in this political climate.

Trump's administration has moved to undercut Obamacare, slashing its advertising budget by 90 percent and backing off enforcement of the so-called individual mandate, the requirement that everyone purchase insurance or pay a fine. **REUTERS**



Jenna Burleigh, 22, was killed after leaving Pub Webb in Philadelphia. PHOTO VIA FACEBOOK

Man charged in homicide of 22-year-old Temple Univ student

Jenna Burleigh left a bar Thursday night near Temple University with a man that police believe killed her in his North Philadelphia apartment.



AMY RUSSO
@MetroPhilly
letters@metro.us

A man was charged Sunday morning with the murder of a Temple University student whom he'd just met in a bar before leading her back to his apartment.

Jenna Burleigh, 22, was killed after leaving Pub Webb at 2 a.m. on Thursday with Joshua Hupperterz who police believe carried out the murder in his North Philadelphia apartment. Burleigh's body was discovered at his grandmother's Wayne County home more than 100 miles away. According to the

county coroner's office, the young woman died as a result of blunt trauma and strangulation.

Burleigh had just transferred from a community college in Florida to Temple to start classes in film and media, hoping to one day become a filmmaker. Now, friends remember her as a positive and caring person who believed in helping others, her social media posts asking for donations for Philadelphia's homeless and advocating for equality during a local women's march in January.

"I think we all became much better people from knowing her," said Shauna Duggan, a high school friend, according to The Philadelphia Inquirer.

Burleigh's father received the news of her death on Saturday, writing in a Facebook post, "Our beautiful angel Jenna is now in heaven. Now I know for sure that you can have a 'broken heart,' RIP honey."

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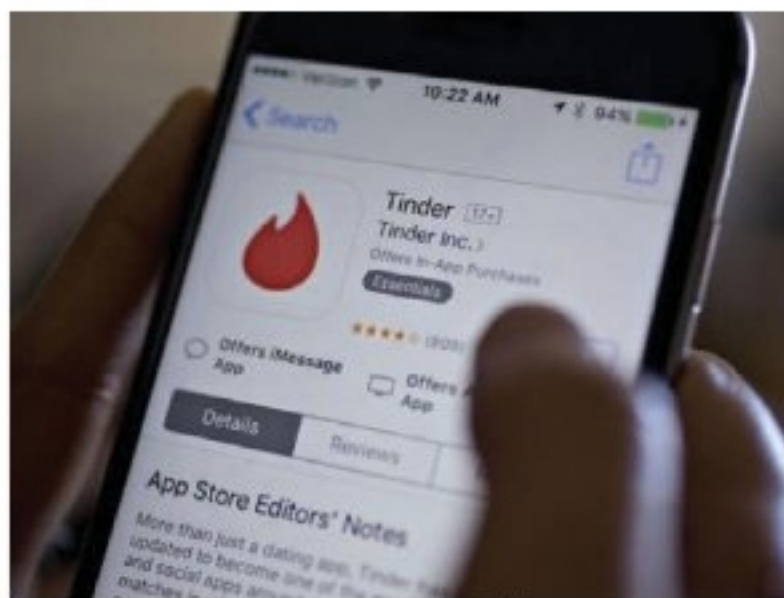
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Dating apps are pretty hit-or-miss. Especially in Philly. GETTY IMAGES

PHILLY DATING DISASTERS: THIS IS WHAT WOMEN DEAL WITH

I never felt at home in central Pennsylvania, and according to my brother, I wasn't home much anyway.

Being equal driving distance to either Pittsburgh or Philadelphia, I was smack dab in the middle of "Pennsylvucky." Part of moving to Philly

was to spread my wings and fly, expand my brand and hopefully find a love nest along the way.

Being a dreamer like my father, and having a brain under these blonde locks, I didn't want a redneck man. I wanted someone with more education and class but who

could throw down in the mountains if necessary.

And like everyone else in the dating world who works almost nonstop, I went online.

Once considered a stigma, nowadays it's almost a necessity. When you meet people in real life, you don't have the list of their likes, dislikes, what they do for a living, political affiliations, shirtless photos and group photos where it's like playing "Where's Waldo" to pick the correct person.

First I tried MySpace and would hack around the system that would block it at The Times Herald, getting yelled at repeatedly for doing so but finding the fun of hacking and messaging too tempting to resist. That was a dating disaster as that guy turned out to be bipolar and schizophrenic. Facebook soon dominated, but I tried to keep it a safe haven — friends and family space. The one time I broke my own rule, I ended up with a passive aggressive guy who was sulking when I went to visit my family for the holidays after one date. Rule reinstated.

The one time I tried Chemistry it told me I had no matches. I joined eHarmony, certain that there was someone better suited as it was the serious dating site for marriage and monogamy. As a serial monogamist, I love being in love and had always found my boyfriends (some who did propose but just didn't feel right) the old-fashioned way — through friends, at a bar/club, etc. So I joined eHarmony for a guy, only to have him block me from contact as soon as I subscribed and paid the fee because I took too long to respond.

Determined not to pay to find love, I joined OKCupid, also known as OKStupid. This was the site for me back in 2010, full of artistic types who were misfits, dreamers and do-gooders like me. I met a man who made a wonderful friend but we would fight about having children all the time, it was like a loud broken record and eventually was a deal breaker. Now the website is just full of ... how do you say ...

CASSIE HEPLER
POV



losers? Pretty much it's a place to find a partner with no job. Or you can join GoFish, the website hook-up jawn.

Like a bad zombie movie, I went back to dating in real life — even going beyond my self-imposed dating limits (no one shorter than me, and at almost 5-foot-8, my limit is 5-foot-10 because of heels). A horrible man with a Napoleon complex ended up calling me a bitch during dinner because he was trying to mansplain how to take photos. I said when you have a successful blog, you can tell me how to take photographs. But that little jerk did teach me something.

He showed me the dating apps out there and the stereotypes attached: Bumble for iPhone — I hear it's female friendly from many people who enjoy it; Tinder, the hookup app spawned from the gay hookup app Grindr, and Coffee Meets Bagel, also a female-friendly app where if you choose each other, then you talk — no one million messages to ignore.

On CMB, I met a surgeon who later showed me an X-ray of a person with a light bulb up their butt. Also, he was not his listed height, which made him a liar from the get-go (ladies, the equivalent is the selfie above the head to make you look smaller). Next! Date 2, a cute nurse literally swept me off my feet dancing salsa and bachata on our second date.

It's been about nine months since, and he got a job in Arizona. Perhaps it's time to be bicoastal Cass soon, just like I've always wanted.

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US envoy says North Korean leader 'begging for war' as UN mulls sanctions



North Korean leader Kim Jong Un GETTY IMAGES

Haley said the United States will circulate a new Security Council resolution on North Korea this week and wants a vote on it next Monday.

The United States on Monday said countries trading with North Korea were aiding its "dangerous nuclear intentions" as the United Nations Security Council mulled tough new sanctions and the isolated regime showed signs of planning more missile tests.

South Korea said it was talking to Washington about deploying aircraft carriers and strategic bombers to the Korean peninsula following the North's sixth and most powerful nuclear test on Sunday.

South Korean President Moon Jae-in and U.S. President Donald Trump agreed in a telephone call to scrap a warhead weight limit on South Korea's missiles, South Korea's presidential office said, enabling it to strike North Korea with greater force in the event of a military conflict.

At a Security Council meeting, U.S. Ambassador Nikki Haley said North Korea's Kim Jong Un was "begging for war" and urged the 15-member

group to impose the "strongest possible" sanctions to deter him.

"War is never something the United States wants. We don't want it now. But our country's patience is not unlimited. We will defend our allies and our territory," Haley said.

China, a top trading partner with North Korea, and Russia called for a peaceful resolution to the crisis.

"China will never allow chaos and war on the [Korean] Peninsula," said Liu Jieyi, the Chinese ambassador to the United Nations, urging North Korea to stop taking actions that were "wrong" and not in its own interests.

Russia said peace in the region was in jeopardy.

"Sanctions alone will not help solve the issue," Russia's U.N. Ambassador Vassily Nebenzia said.

North Korea has been under U.N. sanctions since 2006 over its ballistic missile and nuclear programs. Typically, China and Russia only view a test of a long-range missile or a nuclear weapon as a trigger for further possible U.N. sanctions.

Trump had asked to be briefed on all available military options, according to his defense chief.

Officials said activity around missile launch sites suggested North Korea planned more missile tests. **REUTERS**

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"The United States will look at every country that does business with North Korea as a country that is giving aid to their reckless and dangerous nuclear intentions."

Nikki Haley



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TRUMP'S AMERICA



Hundreds of immigration advocates and supporters attend a rally and march to Trump Tower in support of DACA last week in New York City. GETTY IMAGES

DACA DREAMERS, DACA NIGHTMARES

The president has been on every side of the DACA issue.

Dream on this, you little Dreamers: Six months from now, when Paul Ryan still hasn't corralled his unruly House Republican caucus and Donald Trump's DACA time bomb is about to go ka-boom, 800,000 of you will suddenly be ...

What?
Where?

Swept up in a mass deportation of young people, brought to America illegally before the age of 16, many hardly remembering any country besides this one?

Sometimes, the anxiety of just not knowing is the hardest part.

DACA, which means Deferred Action for Childhood Arrivals, was signed into law via executive order by Barack Obama in June 2012. Under the theory that you can't blame children for where their parents take them, the order said these young people can work here legally and not face deportation. I don't know how

ANALYSIS



**ELLIS
HENICAN**
@henican

things worked in your family. But when the Henican parents announced we were leaving on a family trip, "No, I don't think I'll be joining you," was not on the multiple-choice answer list.

What sense does it make to punish these young people? They are an immensely impressive group.

Ninety-one percent of them have jobs, according to a recent survey. Their average hourly wage is \$17.46, up from \$10.29 before DACA. More than 70 percent are attending college. After signing up for the program, nearly 80 percent got driver's licenses. Half became organ donors. Aren't they just the kinds of people we want in America?

Now President Trump is about to evict them unless Congress miraculously acts.

The president has been on every side of the issue. In April, he said the Dreamers could "rest easy," and he declared just last week, "We love the Dreamers." But he also promised during his campaign to end DACA "on Day 1" and deport anyone here illegally, regardless of how young they were when they arrived.

This DACA cruelty has stirred Obama, who's mostly stayed quiet as his successor has flailed about. Now, the ex-prez is preparing to weigh in. "The notion that we would just arbitrarily or because of politics punish those kids when they didn't do anything wrong themselves, I think, would be something that would merit me speaking out," Obama promised just before leaving office.

Keep an eye on his Facebook page today.

Metro columnist Ellis Henican is the author of a dozen books including "Trumpitude: The Secret Confessions of Donald's Brain." Follow him on Twitter @henican.

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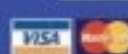
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Prostate cancer test saves lives, risks remain

Men who get a controversial blood test that looks for signs of prostate cancer appear to have a reduced risk of death from the malignancy, according to a new analysis by an international group of researchers.

The analysis re-examined data from two earlier studies that had led experts to recommend against routine use of the test, which measures levels of prostate-specific antigen (PSA).

"The trials taken together indicate there is an important benefit," said Ruth Etzioni, who is the senior author of the analysis from the Fred Hutchinson Cancer Research Center in Seattle, Washington.

A flaw of the earlier trials is that some men who were assigned to a no-screening group actually did get the PSA test on their own, making it difficult to identify differences between the screening group and the no-screening group.

The unclear results — and the risk that the blood tests could lead to unnecessary biopsies and treatments — led the government-backed

U.S. Preventive Services Task Force (USPSTF) to recommend against PSA screening.

The new analysis attempts to clear up the confusion by reexamining the data in computer models, to account for the men who got PSA tests when they weren't supposed to. Etzioni's team compared men in the two trials based on the intensity of screening they received.

In one of the trials, PSA testing was tied to a 25 percent to 31 percent reduced risk of death from prostate cancer, the researchers report in the *Annals of Internal Medicine*.

In the other trial, PSA testing was tied to a 27 percent to 32 percent reduced risk of death from prostate cancer, they found.

Etzioni said the new results don't mean all men should be screened for prostate cancer.

In the U.S., about one in seven men will be diagnosed with prostate cancer, according to the American Cancer Society, but most men with the slow-growing cancer won't die from it.



Laboratory technician holding test tubes containing blood samples GETTY IMAGES

As a result, it's often reasonable to monitor prostate cancers instead of treating them, since the side effects of treatment — which can include incontinence and impotence — may be more harmful than helpful.

In a proposed update to its recommendation, the USPSTF suggests that men ages 55 to 69 should be able to decide if they want PSA testing based on a discussion with their doctors about the possible benefits and risks, such as biopsies and unneeded treatment.

"This finding confirms or reinforces what every-

body has been moving to over the last five to eight years," said Dr. Otis Brawley, chief medical officer of the American Cancer Society. "There is some benefit to prostate cancer screening and there are some harms associated with it."

Brawley, who wasn't involved in the new analysis, told Reuters Health that the benefits of screening are becoming more apparent as doctors move away from aggressively treating all prostate cancers and instead decide to monitor the many that will likely never advance and cause death. **REUTERS**

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Zaddies from across the pond

We got a zaddy for every kind of zaddy fiend up in here. **RACHAEL VAUGHAN CLEMMONS**

You may be wondering to yourself — what is a zaddy?

A zaddy is a DILF that isn't necessarily a father. A man, over 30, that makes you go, "I'll have what he's having." He's handsome. He has swag, a swoonworthy "it" factor. He probably looks better bearded. And he has loads and loads of sex appeal. Zaddy, yas!

Perhaps the best way to define a zaddy is through example. Here is a list of 10 very special zaddies from across the pond. Why Brits? No reason. Mostly I was just bored. Also? You're welcome.



Idris Elba

Elba is a phenomenal actor and also phenomenal to look at. 10/10 forever zaddy.



Aidan Turner

The oft-overlooked "Poldark" star has quietly ascended to zaddy status when none of us were looking. And for that, I am thankful. Please be my baby zaddy.



Michael Fassbender

Consider Fassy the OG of zaddies. He was a zaddy before there was even the word "zaddy" added into the lexicon of American English. He's the No. 1 zaddy-o.



Andrew Lincoln

You probably watch "The Walking Dead," and therefore recognize that Lincoln is the zaddy supreme.



James McAvoy

Have I always considered this dude a zaddy? No. But in "Atomic Blonde" he rocks an amazing fur coat and it is all very zaddy, baby.



Dominic Cooper

A tiny stylish man with alien-esque good looks? Ahoy, zaddy!



Chiwetel Ejiofor

Look at this guy, then look at me in the eye and tell me he's not a zaddy. I dare you.



Sir Ian McKellan

This is probably a controversial call, but the Sir has swag for days and I cannot deny him a cherished place on this list.



Season 3-era Jaime Lannister

While it's important to consider real life men as zaddies, there's no denying that Jaime Lannister — dressed in rags, dirty and bearded — was a real zaddy long legs in the third season of "Game of Thrones."



Tom Hardy

The zaddy to end all zaddies — and probably the one with the most swag on this list. He's mustachioed zaddy royalty.

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Where to give to victims of Hurricane Harvey

You can help out Houstonians from afar by making online donations at these relief organizations.



KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

As you look forward to the long holiday weekend, with its promise of beach days, BBQs and binge-watching, take a second to realize how lucky you are not to be stuck in a flooded home, waiting for someone to rescue you via boat. After you let that feeling sink in, take five minutes and donate some money to Houstonians displaced by Hurricane Harvey.

Even though you're far away, there are plenty of organizations taking financial contributions through their websites. Below, a list:

The Hurricane Harvey Relief Fund

Houston mayor Sylvester Turner and the Greater Houston Community Foundation have set up this fund, which is accepting tax-deductible flood relief donations to Houstonians affected by Harvey. Just enter in your billing info at their website and select the dollar amount (minimum donation \$10). ghcf.org/hurricane-relief

The United Way of Houston has established a relief fund that will go

towards providing food, supplies, shelter and, down the line, home repair. Donate at

A volunteer helps a woman and her dog boat to dry land. GETTY

edwayhouston.org or text UWFLOOD to 41444.

The Houston Food



Bank and Corpus Christi Food Bank are both seeking donations to help provide food and supplies to those displaced by the storm. For every dollar you give, you're providing up to seven meals. Visit their websites and you'll be directed to a PayPal link. Houstonfoodbank.org, foodbankcc.com.

You can donate to the

American Red Cross on their website, or just text HARVEY to 90999 to give \$10 (you'll see the charge on your next phone bill). redcross.org.

To donate to the Salvation Army, call 1-800-SAL-ARMY, text STORM to 51555, or visit disaster.salvationarmyusa.org.

Texas Diaper Bank will provide diapers and wipes to families in need. You can either make a financial contribution on-

line that will go towards the supplies, or mail some yourself, to 5415 Bandera Road, Suite 504, San Antonio, Tex., 78238. Texasdiaperbank.org.

And finally, to help animals in need of shelter from the flood, you can donate to the Houston SPCA and the Houston Humane Society, as they take in cats, dogs and other creatures displaced by the storm. houstonspca.org, houstonhumane.org.

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Ever heard of shirodhara? If you haven't, you're not alone. But it could become your new favorite way to stay centered.

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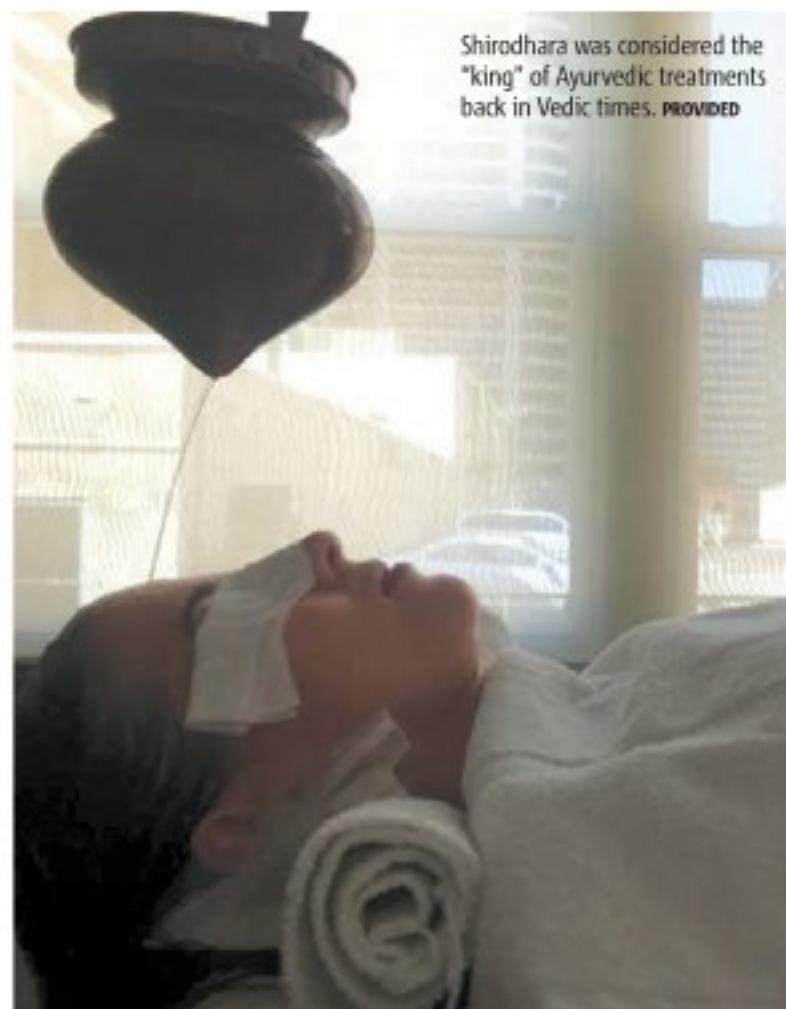
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the facial and cranial nerves," says Katelynn Ingersoll, founder of Half Moon Ayurveda. "It helps to relieve exhaustion, anxiety, adrenal fatigue, overthinking, migraines and depression."

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In the shirodhara treatment specifically, a liquid is poured over the head of the client continuously (usually oil), to relax the nervous system. About one liter of liquid is used per session and Ingersoll notes that Half Moon Ayurveda uses organic, herbal oils that vary depending upon the client's needs and the season.

Sounds decadent, right? It was considered the "king" of Ayurvedic treatments back in Vedic times and according to Ingersoll, shirodhara was



Shirodhara was considered the "king" of Ayurvedic treatments back in Vedic times. PROVIDED

reserved for kings and social servants whose "time was not their own."

"This same notion resonates with any average young professional in Philadelphia," she adds. "This treatment is a total reset — not only for the recipient but for those who

the recipient serves."

So if you're feeling stressed out, perhaps you ought to give shirodhara a try.

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Young singer from the Philly area selected to sing at the US Open

The Lumberton Middle School honor student is a big fan of Lin-Manuel Miranda.



JENNIFER LOGUE
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This year was the 10th anniversary of the U.S. Open Anthem auditions, where a nationwide search was held for young talent to perform at the world's highest-attended sporting event. For 2017, 12 performers were selected to perform at the U.S. Open's night sessions and at Arthur Ashe Kids' Day.

One of the 12 coveted spots was awarded to 13-year-old Elijah Morman of Lumberton, N.J. An honor student at Lumberton Middle School, he's also a soloist for his church and a member of the Philadel-



Elijah Morman is also in the Philadelphia Boys Choir. PROVIDED

phia Boys Choir.

On Sept. 8, he will perform "America the Beautiful" at one of the night sessions for the U.S. Open.

"I feel extremely welcomed and appreciated

for my singing voice," says Morman. "Especially since this is my second time performing at this specific event. The crowd makes everything I've practiced for worthwhile."

The young talent is also a big fan of Lin-Manuel Miranda, the mastermind behind the hit Broadway show "Hamilton."

"Who I look up to musically is Lin-Manuel Miranda, creator and composer of music in a handful of movies and musicals," Morman reveals. "Mr. Miranda has shown me that inspiration is present everywhere. I keep this in mind whenever I try to get creative in songwriting or other activities."

He also finds inspiration from the gospel world and Youtube.

"My biggest musical influences are two singers: Tai Habersham, a gospel singer, and Jade Novah, a YouTube singer. Both got to pretty high places because of their fantastic voices, and I've always wanted to serenade and bless people with

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Morman will perform on Sept. 8 at the 2017 US Open. GETTY IMAGES

my own voice," Morman notes.

So what does Morman want to be when he grows up? Unsurprisingly, his heart is set on the arts.

"I've always wanted to be an actor or singer/songwriter because I find a common passion in both things and they inspire me to do more of each in my life."

Many other stars have performed at the Open over the years, including a young Taylor Swift.

For more information, visit: usopen.org.

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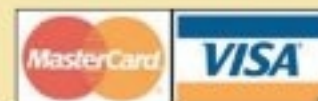
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You're probably stretching wrong

Here are the best ways to avoid common injuries caused by high intensity workouts.



KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

With our hectic schedules, making the time for regular exercise can be challenging. But even if you've found a way to fit in that after-work Spin class or wake up early for that morning run several days a week, if you're not properly warming up and cooling down, your efforts might be self-defeating. Muscle tightness from improper stretching and inadequate rest and recovery can lead to injuries and chronic soreness. We spoke with experts who shared the best techniques for keeping your muscles limber and preventing unwanted strains.

wellbeing



Use your foam roller before your workout to help warm up your muscles, says personal trainer Jenn Menzer. iStock

Use a foam roller before your workout

Although common sense would lead you to believe you should

stretch before you work out, it's actually quite detrimental. Jenn Menzer, a personal trainer in Boston, likens stretching tight muscles to pulling on a knotted

rubber band — they only get tighter.

Instead, begin with a foam-roller session. "This not only 'warms up' the muscles by creating heat, but most importantly, it removes knots and fascial adhesions, which will improve performance, increase mobility and decrease risk of injury," she explains.

To get the most out of a foam roller, she recommends going slowly, pausing over points of tightness (for no longer than 20-30 seconds) to release them.

When you follow your foam rolling with stretches, they should be long-held — two to five minutes each — so as to "bypass the muscle and go into the connective tissue, targeting fascia, tendons and ligaments," she says. Her free "Deep Stretch for Athletes" audio class includes yoga stretches like pigeon, swan, butterfly and caterpillar that open up the hips, thighs, glutes and lower back.

Stretch to relax your muscles, not strain them more

Hakika V. Dubose is the founder of Power Stretch Studios, where clients book one-on-one, customized

sessions with "stretch coaches" who do the stretching for them.

"When you stretch on your own you're actually creating tension instead of releasing it," explains Dubose. "You have to grab and pull, and that defeats the purpose."

The 32-year-old former actor and dancer calls this technique



A stretch coach stretches a client at Power Stretch Studios. [INSTAGRAM.COM/POWERSTRETCHSTUDIOSDELRAY/](https://www.instagram.com/powerstretchstudiosdelray/)

of passive stretching the Kika Method, and says it's based on how dancers stretch, "by completely letting go, letting gravity pull them down naturally, without tensing up." The stretch coaches "replace gravity," which allows the clients to completely relax.

Dubose attributes the rise of peak fitness studios like SoulCycle and CrossFit, which folks visit several days a week to lose weight, feel healthy and get a

certain look, to causing burnout and muscle tightness.

"The definition of muscle tone is a constant contraction in the muscle," she explains. "Your muscles are clenching and tight, and you never release the muscle. You need some kind of balance, something to counter that."

Inactivity is another culprit. "As we age, our bodies start to become restricted in the form we're currently in: your body creates a cast based on what you do for a living or your hobbies," she explains. "Stretching helps you reset, break free of that."

Make time for "active recovery"

Tatyana Souza, a yoga instructor and owner of Coolidge Corner Yoga in Brookline, Mass., and Sadhana Yoga in Boston, says the key to preventing injury is to keep your muscles limber.

"Injuries happen when a muscle is tight and you hyperextend it," she explains. "Yoga increases the pliability and length of the muscle and increases the range of motion."

She describes her class, "Yoga for Athletes," as "active recovery": a low-intensity activity that gives high performance athletes a break in between workouts — while still engaging and strengthening the muscles.

Positions like Plank and balancing on one leg help strengthen the body's core "stabilizer muscles" which support the joints. High lunge, low lunge, and Warrior I lengthen the hip flexors, while Forward Fold and Downward Facing Dog extend the hamstring.

"Everything is connected," she explains. "If the hamstring is tight, usually the calves and arches and the lower back are also tight. It's not just one pose, it's the whole practice that gets everything opened up."

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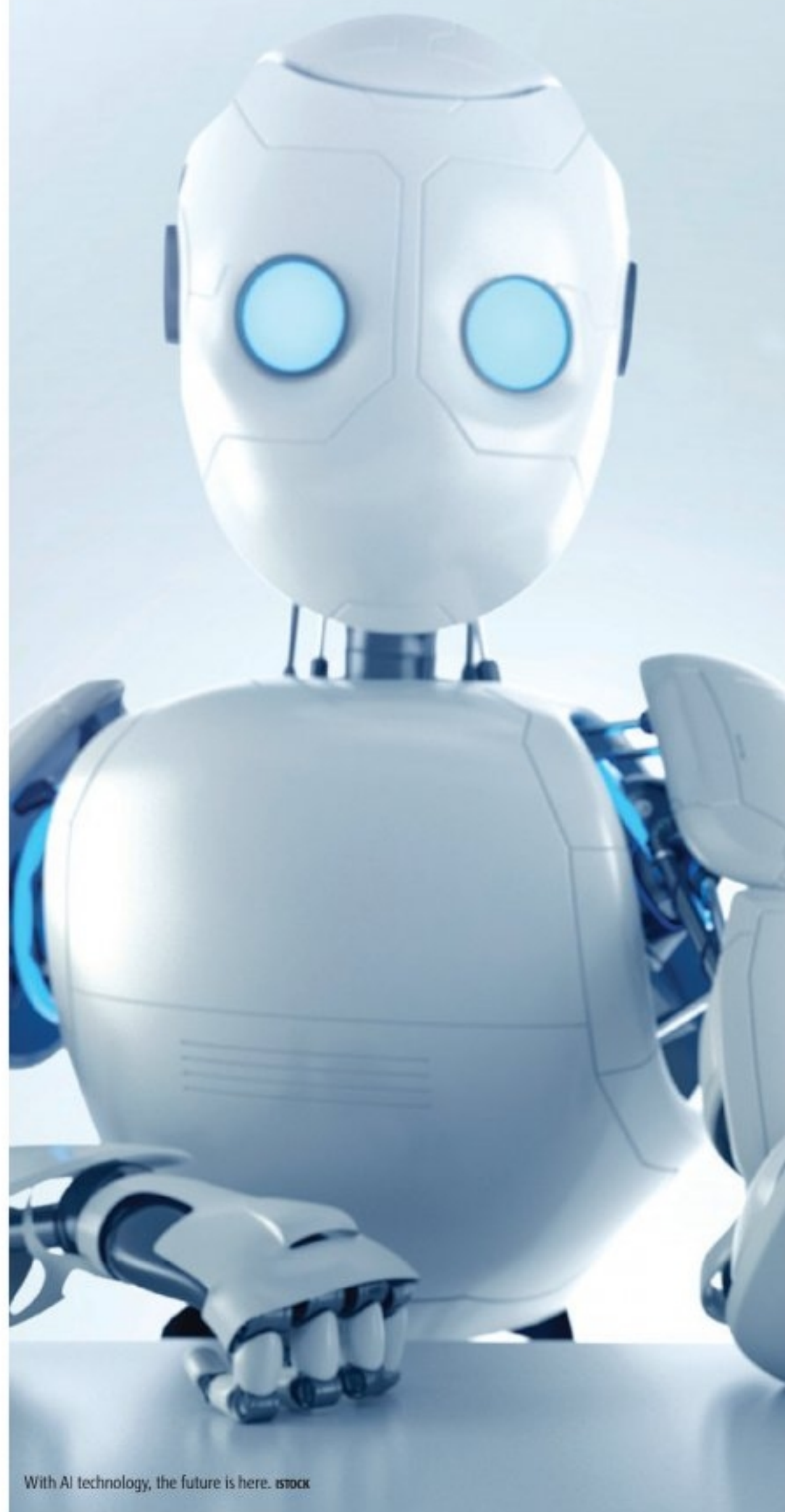
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Will AI robots take your job?



How is technology shaping the workforce of the future?



PATRICK KING
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You've probably joked about it with your friends at one point or another. "Why bother? Robots are going to take our jobs anyway."

As insane as that used to sound, this fear ripped from the pages of a sci-fi novel may no longer be as far off in the future as you would like to think. The truth is, artificial intelligence (AI) is rapidly changing the ways companies are getting things done, and that may not be the best news for many people who are joining the workforce.

According to a report released last March by consulting group PwC, an estimated 38% of all jobs in the U.S. will be turned over to AI robots by the year 2030. This raises the question: Will your job still be waiting for you by then? And if not, is that really such

a bad thing? The report explained that the industries that will be affected the most by AI will be transportation and storage (down 56%), manufacturing (down 46%), wholesale and retail (down 44%) and health and social work (down 17%). We spoke to Matthew Lieberman, a director at PwC, about how AI is reshaping the world as we know it.

"Both consumers and business decision makers are, by and large, optimistic about AI," says Lieberman, "and we are looking at three ways: society, AI assistants, and management." He found that although the percentage of jobs lost to technology seems staggering, these advancements will only improve people's lives.

"Consumers were surprisingly more optimistic than we anticipated. Less than half of consumers believe AI will harm people by taking away jobs, and only less than a quarter believe AI will harm people and threaten humanity," he said. "In fact, the majority believe it will help

solve problems that plague modern society and help people live more fulfilling lives."

This transition has already been taking place in the world of customer service.

"The lines are becoming blurred between humans and bots: 27% of consumers weren't sure if their last interaction was with a human or a chatbot, and many are seeking a hybrid bot-human premium to best meet their needs."

Although many of the jobs we have come to know will soon be filled by robots, PwC's report concludes that it will lead to a "higher average real-income levels across the country as a whole due to higher overall productivity."

They also predict that there will most likely be jobs created for humans out of the need to service these new artificial workers. This could create a brand new industry that could open up new possibilities for workers displaced by these technological advancements.

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WHICH FRESH FACES ON THE EAGLES WILL MAKE THE MOST IMPACT?

The Eagles have 18 new players on their 53-man opening week roster — draft picks, prestige free agents, third-string knockabouts. Some will decide whether this is a playoff team. Others, you hope, never see the field.

Let's rank them by expected impact:

1. Ronald Darby

Getting Darby, 23, in a rare August trade cost GM Howie Roseman both Jordan Matthews and a 2018 third-round pick. But the Eagles have craved a shutdown corner since Asante Samuel left six years ago. Darby was wonderful as a rookie in 2015, but lapsed badly his sophomore season. He'll cover Odell Beckham Jr., Dez Bryant and Terrelle Pryor twice each this season. It is impossible to overstate how critical he is to the Eagles' success.

2. Alshon Jeffery

The Eagles made a great deal signing the top free-agent wide receiver to a one-year, \$9.5 million contract. Jeffery needs to prove he can stay healthy and avoid suspension. Meanwhile, Carson Wentz gets a big, physical target renowned for his "catch radius" — a new way of saying that if you throw in his general vicinity, he'll grab it.

3. Tim Jernigan

The Eagles traded for Jernigan after Bennie Logan signed with the Chiefs. But Jernigan plays defensive tackle far different than the run-stuffing Logan. He is expected to rush the passer. Playing next to a double-teamed Fletcher Cox, the opportunity will

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OPINION

Glen Macnow has been an outspoken voice in Philly sports for nearly three decades.
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be there for Jernigan to make sacks and smile with his full set of gold teeth.

4. Derek Barnett

The first-round pass rusher looked terrific in the preseason. He's a quick learner, flashing speed and power moves he never showed in college. Defensive coordinator Jim Schwartz plans a five-man rotation of defensive ends, but Barnett's rapid growth should earn him extra playing time.

5. LeGarrette Blount

There was excitement when the Eagles signed Blount as a free agent, but it dissipated as fans watched the preseason. If used as a battering ram in late-game and short-yardage situations, Blount will be successful. If asked to do more, he could be a dud.

6. Torrey Smith

It's all about speed to give Wentz the deep



New Eagles cornerback Ronald Darby with an interception against his former team, the Buffalo Bills, in the preseason. GETTY IMAGES

threat he didn't have last year. Smith had just one catch this preseason — but it was a 50-yard TD bomb. He is coming off two dreadful seasons with the Niners. Is he cooked, or was it due to being part of a terrible team? We'll find out.

7. Nick Foles

You hope I'm wrong here. But if Wentz gets hurt, Foles will be the guy needing to hold it together. He's not the 27 touchdown wonder we saw in 2013. But (if healthy) Foles is one of the better backup QBs in the league. Certainly better than Chase Daniel.

8. Chris Long

Smart, crafty veteran, good teammate, the best Twitter follow (@JOE-L9ONE) on the team. He's

a better fit in Schwartz's 4-3 defense than he was in New England. But, at 32, he's not likely to see first-team playing time.

9. Patrick Robinson

If he was a competent corner, the Eagles wouldn't have made the Darby trade. But Robinson, 29, survived the final cut and will see action as a slot defender. I share your lack of confidence.

10. Mack Hollins

The fourth-rounder had an excellent preseason, but enters the season as the fourth wide receiver. He'll impress you on special teams and could be a contributor on offense down the road.

11. Dexter McDougle

Late camp pickup from the Jets. Eagles gave him

a one-year extension and figure to play him at the nickel.

12. Chance Warmack

A reclamation free-agent guard who's never showed why he was a first-round pick. Looked terrible in the preseason, but the Eagles still extended him through 2018.

13. Corey Graham

Another in a series of former Jim Schwartz players who's come here from Buffalo. At 32, the backup safety doesn't offer much.

14. Rasul Douglas

The third-round pick opens 2017 as the fifth CB on the depth chart. Room for improvement, but seems now like a pass interference penalty waiting to happen.

15. Elijah Qualls

Strong and squat (6-foot-1, 322 pounds) defensive tackle played well in pre-season. Beau Allen's return from injury will keep him off the field.

16. Corey Clement

The people's favorite — a local undrafted running back who earned his way onto the roster. He'll watch from the bench.

17. Donnel Pumphrey

The people's unfavorite. A fourth-round pick who looked like a high school JV running back during the preseason. Eagles are looking down the road with this one.

18. Shelton Gibson

Fifth-round rookie WR made the cut after an unimpressive camp. May never actually dress for a game.

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FANTASY FOOTBALL ADVICE AS THE SEASON DRAWS NEAR

A glance at who to nab and who to steer clear of in your fantasy draft.

Hyde will rule the 49ers' backfield

Early in the preseason there was talk of Carlos Hyde having to work for the starting job in San Francisco, but now three weeks into the preseason it appears that is not the case. Hyde has been very effective with his preseason touches while his fellow running backs have struggled with any action they've seen. Tim Hightower already has a fumble on his preseason resume and rookie fourth-round pick Joe Williams has disappointed after a strong Week 1. Hyde has feature-back potential, as there isn't really anyone to take touches away in the passing game. While

BILL DUBIEL

Bill Dubiel is a fantasy football expert and lead NFL columnist for Rotoballer.com.



he did miss three games last season, when he was on the field Hyde was extremely effective—he posted a career-high 4.6 yards per carry and ranked in the top 10 in yards after the catch.



Chargers running back Melvin Gordon is a little too costly this season. GETTY IMAGES

Hyde is currently the 17th running back off the board, which means he could be a great value pick in the third or fourth round.

Price way too high for Gordon

Melvin Gordon had an outstanding year from a fantasy standpoint in

2016, and his current ADP reflects a widespread belief that he will repeat last year's success. With Danny Woodhead out of the picture, Gordon will

be the feature back once again for the Chargers, but he is a prime candidate for regression in 2017. Gordon managed a very pedestrian 3.9 yards per carry last season on 254 attempts, and ranked in the middle/low end of the pack in elusiveness and yards after contact. Much of his fantasy value was predicated on rushing touchdowns (10), and all 10 came within 29 red zone carries—it will be nearly impossible for him to repeat that efficiency. He also received more action in the passing game than he should have once Woodhead, Keenan Allen and Branden Oliver went down with injuries. With all of these factors working against him, there is no chance Gordon returns top-10 overall value in 2017, making him an easy avoid on draft day.

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AUCTION DATE: 9/12/2017 TIME: 11:30 AM
GERSIL KAY 0430, SARDA DANTZLER 2304, DIAH MCCOY 0045, DARNELL SMITH 0483, RONALD BUSH 5222, ELEANOR ALKETT 1608, MONIKA MIN SOOK L168, MIKHAIL KING 0801, RODNEY ELLIS 0742, ANDRE PERRETT 8730, JEROME WILSON 8321, ROYCE SMITH 0928, KRISTA BOWDEN 4211, STEPHEN POCARI 1107, ARVILE JONES 1902, GINGER SMITH 8355, MYRON HAMMOND 4353, GERALD ARDENDO 5010, WILLIAM MARSTEN 8353, REGINALD ECTOR 0374, TYPHANE PETERSON 8326, NATASHA GODWIN L160, DELORES BROWN 2014, THOMAS LEWIS 0543, TAYLOR WILLIAMS 5128, JOSEPH FLEWELLEN L148, ABDUL ALI MUHAMMAD 5084, CLAUDIA PAULIN 0419, RALPH SCHABER 0376, BRADFORD INTERPRESES 8235, TONY PARKER 0417, BRYAN DELOVERLY 0738, ROCHELL JONES 8130, TARA BARBER-HENN 0264, TRACIAN CLARK 0548, JEFFERY WEDGESBOW 5333, TYPHANE PETERSON 8023, JEANETTE HENSON 1102, BRADFORD INTERPRESES 8901, ROCHELL JONES 0614, RICHARD MYRICK 1515, MARTIN HUNTER 0813, SUNSEARRY ALLEN 3237, WILLIAM VICERDE 5321, VALARIE MOORE 3108, AYDREN FORELL 0741, JOEY GOODDAVANCE 4124, GERSIL KAY 0235, LITA WETHOLD LLC 3028, SUZALIA DANIEL 0069

U-HAUL MOVING & STORAGE AT QUARTERMASTER PLAZA
2990 S 20TH ST, PHILADELPHIA, PA 19145
AUCTION DATE: 9/13/2017 TIME: 9:00 AM
JAMES LYNCH JR 1428, TAYLOR LEE 15148, ANTHONY WANDUZO 1002, ALFONZO FINITRE 1430, NICOLE DEAN 1421, LAMAR MILLER 1943, ROBERT MEADE 1455, KATHLEEN DONNELLY 1343, JAMES FRANCIS 1518, SANDY ROTELLA 1791, EILEEN SEGARRA 1732, WOODROW MOORE 1415, TARA COLEBET 1402, JOSEPH BELLA 1282, JEREMIAH DUPONT PK6, NICHOLAS TERRO 1388, ANTHONY PROVIN 1481, FRANCESCO DEL VECCHIO 1619, SALVATORE BRANCO 1418, MITCHELL SPENCER 1240, CODY STONER 1946, JANNETT PROCCOLI 1795, MICHAEL DISTEFANO 1773, DONALD CLARK 1327, ALFRED BROWN 1586, TREVOR DELP 1480, MATTHEW PROCCOLI 1798, DEEDRA NICHOLS 1765, KIA JOHNSON 1038, JENNIFER MANGOLD 1759, YVETTE JACKSON 1542, LISA LONG 1934, MAURICE BRIGHTMAN 1328, TARIANA BAKER 1318

U-HAUL MOVING & STORAGE OF CHESTER
1600 HIGHLAND AVE, CHESTER, PA 19013
AUCTION DATE: 9/13/2017 TIME: 12:00 PM
GERALDINE CARTER 315, CHRISTOPHER BURTON 875, MAURICE CARTER 501, CHARLES JOHNSON 231, KAJUMAJALA DRAKE SR 406, ROSALYN GUY 405, ALTHEA TALLEY 221, BLANCA DAVIS 826, VALERIE DEANBRETTE 327, JAMES COSTON 8146, THERESA DUNCAN 581, SHARON BROWN 513, TASHA WILSON 617, TRIM ELLIOTT 838, EVELYN CLURCO 219, CHERYL DAVIS 701, RHAD MUHAMMAD 407, LISA YOUNG 854, MARLENA BRUNN 524, ISVALLA TASHI 481, TERRY PENTSTERNER 326, YAHUZZ BRITO-RODRIGUEZ 513, TANYA WILLIAMS 414, KAREN MASON 586, JANAR ALEXANDER 820, GEORGE GOWDER 861, KENNEDY MURRAY 587, REMBER JONES 620, NISA WILLIAMS 840

Purchase must be made with cash along with a refundable deposit and paid in full at time of purchase. All goods are sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Seller reserves the right to set a minimum bid.

NOTICE OF PUBLIC AUCTION

Notice is hereby given that Storage King USA will sell the contents of the storage units listed below at a public auction to satisfy a lien placed on the contents (pursuant to 75 P.S.). The sales will take place on 9/13/2017. The sale will be conducted on StorageKingUSA.com, under the guidance of Christopher Ross (AU005657) on behalf of the facilities' management. Units will be available for viewing prior to the sale on StorageKingUSA.com. Contents will be sold for cash only to the highest bidder. A 10% buyer's premium will be charged and \$100 (units larger than 100 sq ft will be more) cleaning deposit per unit. All sales are final. Seller reserves the right to withdraw the property at any time before the sale or to release any bids. The property to be sold is described as "general household items" unless otherwise noted. Storage King USA at 3100 C St., Philadelphia PA 19134 will list storage units on the website www.StorageKingUSA.com at 11 a.m. on 9/13/17 or up to 7 days prior to this date.

Wayne E. Anderson 1070, Brian Schrock 1091, Franklin De Los Santos Acosta 1142, Debra Holland 3217, Sabrina Jackson 3041, Johnny Mak 3137, James Martin 1958, Gary Molander 1054, Eric Solt 3187, Samuel R. Grant 3001, Marcia Williams 3142, Jacqueline Sanchez 3030, Foster Justice Jr. 1092, Malik Martin 3005, Robert Holloway 3252, Candice Harslin 2041, Kenneth Oughead 3189, Mesaline Walker 3248, Abdulaziz Mohammad 2133, Richard Cruz-Garcia 3096.

NOTICE IS HEREBY GIVEN THAT SIMPLY-IVY HILL D/B/A SIMPLY SELF STORAGE LOCATED AT 7600 QUEEN STREET INTENDS TO SELL OR OTHERWISE DISPOSE OF THE PERSONAL PROPERTY DESCRIBED BELOW TO ENFORCE A LIEN IMPOSED ON SAID PROPERTY UNDER THE PENNSYLVANIA SELF STORAGE FACILITY ACT.

The Public sale or other disposition of the following property will take place (unless otherwise withdrawn) via an on-line auction at www.StorageTreasures.com on Sept 5, 2017 beginning at approximately 12:00pm and concluding on Sept 19, 2017 at approximately 12:00pm. This Public Sale will result in the goods being sold to the highest bidder. Certain terms and conditions apply.

KING, GLORIA 2640	WILLIS-DIAZ, MARISA 2540
JENCKES, MARY 213031	BRACE, ROBIN 2903
LITTLE, J. JEFFREY 1711	ELLISON, JOSEPH 3005
CHIDDICK, DEVON 2321	MILLER, WILLIAM 3011

NOTICE OF AUCTION SALE

Notice of Auction Sale is herein given by Ming Self Storage, 720 North 5th Street Philadelphia, PA 19123 will take place on www.StorageTreasures.com. Sale by competitive bidding starting on 9/17/17 and ending on 9/27/17 at 12:00 PM to satisfy unpaid rent and charges on the following accounts:

Darius Lowry - 080 Boxes, bags, misc. items.
The contents of each unit will be sold as a lot and all items must be removed from the premises within 72 hours. Owners may redeem their goods by paying all rent and charges due at any time before sale.

Notice of Auction Sale is herein given by Ming Self Storage, 4663 Stanton Ave, Philadelphia, PA 19144 will take place on www.StorageTreasures.com. Sale by competitive bidding starting on 9/17/17 and ending on 9/27/17 at 12:00 PM to satisfy unpaid rent and charges on the following accounts:

A032 Shante A. Riddick boxes, bags, misc. items. • A094 Collin Goffney boxes, bags, misc. items. • B2017 Nyderah S. Shaw boxes, bags, misc. items. • A112 Juliana Rodriguez boxes, bags, misc. items. • A029 Charles A. Johnson boxes, bags, misc. items. • B2113 Gwendolyn Butler boxes, bags, misc. items. • A096 Keith V. Johnson boxes, bags, misc. items. • B2104 Daniel L. Persante boxes, bags, misc. items. • B2059 Davian A. McGraw boxes, bags, misc. items. • A083 Tracey L. Lawson boxes, bags, misc. items. • B2077 Alexis L. Pasworth boxes, bags, misc. items. • B2117 Linda Larson boxes, bags, misc. items. • B2085 Davonna Vanoyes boxes, bags, misc. items. • A091 Peter D. Ivins boxes, bags, misc. items. • A085 Deirdre E. Jones boxes, bags, misc. items. • A057 Shana Simon boxes, bags, misc. items. • B2019 Arlene D. Murrell boxes, bags, misc. items. • B2075 Adrienne S. Dagger boxes, bags, misc. items. • A058 Omar S. Scott boxes, bags, misc. items.

The contents of each unit will be sold as a lot and all items must be removed from the premises within 72 hours. Owners may redeem their goods by paying all rent and charges due at any time before sale.

Parker will benefit from Cutler

While Jarvis Landry is still the wide receiver of note in Miami, third-year wideout DeVante Parker has been making the most noise in the preseason. The 6-foot-3 jump ball specialist is the ideal target for the free-slinging Jay Cutler, who is never afraid to launch up a 50-50 ball and rely on his receiver to make a play. Cutler has heaped praise on Parker, calling him a "faster Alshon [Jeffery]," the similarly shaped Pro Bowl receiver who Cutler peppered with targets



in Chicago. Parker finally began to show flashes of his sky-high potential last year, making several big plays especially in the red zone. It's perfectly reasonable to believe that Parker will emerge as the top dog in Miami this year, which would make him a steal at his current ADP (WR33, 69 overall).

Sleepers

Doug Martin, RB, TB — Martin would likely be going off the board as a top 10 running back if not for the three-game suspension he is dealing with to start the 2017 NFL season. Given the role he'll have in a very good Tampa Bay Buccaneers offense when he returns, he is worth snagging in the seventh or eighth round.

Zay Jones, WR, BUF — The second-round rookie is suddenly the top option in the Buffalo passing game with Sammy Watkins now in LA and Jordan Matthews ailing. He will stretch the field and work in the red zone, and carries more than enough upside to justify taking a flier in the late rounds of your fantasy draft.

Jason Witten, TE, DAL — The seasoned Cowboys veteran is still the main safety blanket for Dak Prescott in Dallas and his role should be locked-in. Witten offers a reliable floor and will mix in some big games throughout the course of the season.

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2005 Cadillac STS Runs Great! \$240/Month	2011 Mazda 6 Well Maintained! \$250/Month	2008 Nissan Rouge S Excellent Condition! \$260/Month	2010 Ford Explorer XLT Excellent Condition \$260/Month	2007 Chevrolet Tahoe LT Excellent Condition! \$280/Month	2010 Jeep Liberty Great Condition! \$280/Month

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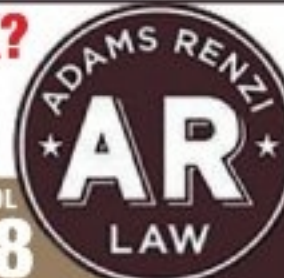
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LEGAL NOTICES

Public Notices

Public Auction

1831 W Allegheny Ave on September 20th, 2017 at 12:00PM
The following self storage units will be sold to the highest bidder to satisfy the owner's lien for rent under 73 P.S. 1901 ET. Seq. Auction is with reserve. Devan Self Storage reserves the right to set minimum bids and to refuse bids. CASH ONLY. Contents must be removed within 24 hours. Auctioneer - Philip T. Dine PA License AU006936

Unit Name Contents**
4100 Gidger, Albert D Household, Clothing, Furniture • 5007A Reid, Estelene Household, Furniture
2074B Wells, Veneria Household, Clothing • 5159 Bailey, Terry A Household, Clothing, Furniture
5149 Arcina, Jacqueline Household, Clothing, Furniture • 5114 Arpa, Marcus A Household
5199 Castling, Frances M Household, Clothing, Furniture • 5165 DRAPER, RACREL Household
5076 Garvin Jr, Michael E Household, Clothing, Furniture • 5223 Gibson, Darryl J Household, Clothing
4019 Harris, Joyce L Household, Clothing, Furniture • 5128 Harris, Paul L Household, Clothing, Furniture
5245 Owens, Patricia A Household, Clothing, Furniture • 3020 Stachurs, Thos Household, Clothing, Furniture
1019 Turner, Karla F Furniture • 2068 Walker, Nathaniel Household, Clothing, Furniture
**Key: • HH - Household, F - Furniture, M - Metal, C - Clothes, B - Bags/Boxes, O - Office, T - Tools/Tools

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Across

- 1 Wordplay
- 4 Garbage
- 9 Wallet stuffers
- 13 Before, in verse
- 14 Port-au-Prince site
- 15 Nor'easters
- 16 Went on the lam
- 18 Dramatist Henrik --
- 19 Provide eats
- 20 Vendor
- 22 Keep in thrall
- 25 Team
- 26 Semester finals
- 28 Glittering adornments
- 32 Type of luck
- 35 Zillions
- 37 "Hasta --!"
- 38 Letter after pi
- 39 Scare silly
- 41 Hope or Newhart
- 42 Heart outlet
- 44 Viscount's superior
- 45 Dust cloths
- 46 Those people's
- 48 Steel plow inventor
- 50 Linen color
- 52 Bake
- 56 Bending
- 59 Orange Bowl city
- 60 Like an acrobat
- 61 Turn aside
- 64 Clear

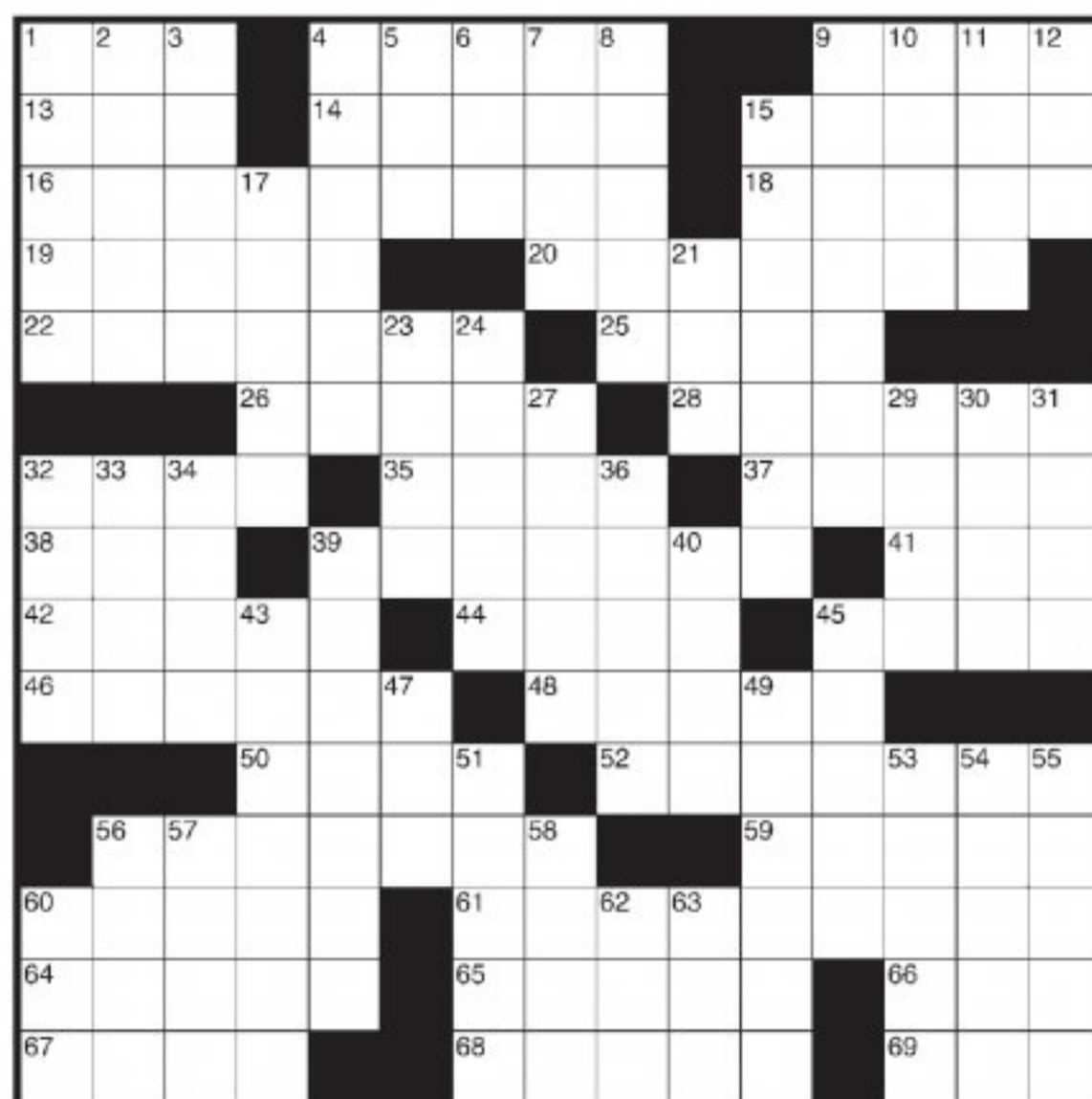
- 65 Brought to a close
- 66 Joule fraction
- 67 Bound upward
- 68 Set to go
- 69 Cereal grass

Down

- 1 Dove's goal
- 2 Cosmopolitan
- 3 Robin domiciles
- 4 Insect's middle
- 5 Dashed
- 6 Help out
- 7 Ladder rung
- 8 Conceals
- 9 Scene
- 10 Last word in an ultimatum
- 11 "Faint heart -- won ..."
- 12 Job application info
- 15 In a reeling manner

- 17 Glitterati member
- 21 Morse signal
- 23 Low tract
- 24 Chew the scenery
- 27 Famed viol.
- 29 "Fancy" singer
- 30 Open-mouthed
- 31 Shows distress
- 32 Heck!
- 33 Yikes! (hyph.)
- 34 Greater in number
- 36 Becomes a dad
- 39 Very thirsty
- 40 Went by quickly
- 43 Male fashion accessory (2 wds.)
- 45 Historical memento
- 47 Delhi honorific
- 49 Cure
- 51 Out, at the dentist's
- 53 Spud
- 54 Grinding material
- 55 Mountain range
- 56 Shivery feeling
- 57 Costa --
- 58 Mr. Roddenberry
- 60 Everybody
- 62 Watchdog org.
- 63 Showed the way

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easy

	7	2	9					3
	4		5	7				
		5	8					9
	6	1						5
3								4
2						9	6	
5	9				6	2		
				5	9		8	
1					8	5	7	

hard

5		7				9		8
			3			1		7
					8	6		2
			8	5				6
	4	8		9		5	2	
6				3	2			
7		2	9					
4		3			1			
9		6				2		4

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Taurus Put a little steam behind your ideas. It's up to you to make things happen. Don't let anger distract you when you should let it become your motivation.



Gemini Not everything will be as it appears. Taking what someone says at face value will leave you out in the cold when it's time to make an important decision.



Cancer Getting along with your colleagues, a partner or those you live with will be essential if you want to bring about positive change. Be willing to compensate when necessary.



Leo You'll be offered an unusual perspective about your past and how you have handled situations up to this point in your life. Listen and make positive, life-altering adjustments.



Virgo Stay active and get involved with groups that can help you succeed. Listen to what a youngster in your life says. Don't dismiss an insightful suggestion.



Libra A unique opportunity will arise if you volunteer your time or work with a group of people interested in achieving a similar goal. Personal growth is favored.



Scorpio Stay focused on your plan and be reluctant to share it with others. It's important to have everything in place before you make a presentation.



Sagittarius You'll be disillusioned by the information someone gives you. Consider the motives behind the actions, and refrain from making assumptions.



Capricorn Delve into a hobby or activity that you haven't done for years. The memories will come roaring back, giving you insight into what you want to do in the future.



Aquarius Listen to what others say. Think about the reasons behind an emotional plea. Don't let an opportunity to improve your finances or health pass you by.



Pisces An emotional situation is best handled openly. Being realistic about your expectations will help you avoid a stalemate with someone in your life. **EUGENIA LAST**

Yesterday's answers									
A	S	W	A	N	G	L	O	B	A
C	H	I	C	A	I	O	T	A	I
M	A	S	T	S	B	R	I	T	T
E	K	E	S	L	E	D	S	R	E
S	E	R	I	A	L	S	A	I	R
M	U	D	H	I	P	P	O		
S	H	I	P		C	O	N	S	O
T	U	N		S	P	O	O	K	E
S	E	N	I	O	R	I	T		
S	C	A	L		D	U	L	L	E
B	A	R	G	E	I	N	J	U	R
A	V	O	I	D	A	N	C	E	
S	O	W	N		F	R	A	T	
H	Y	D	E		T	E	A	S	

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